



# Epilepsy Passport

Communicating my condition



## Guidance for children and young people

### What is the Epilepsy Passport?

The Epilepsy Passport is a mini-booklet with important and up-to-date information about your epilepsy. Holding a Passport will help us to talk more clearly with you, your family and with the other doctors and nurses that you see. You can use it if you ever need to go to the Accident and Emergency (A&E) department.

You might also find it useful in other circumstances. This could include sharing the Passport with your school. In fact, the Epilepsy Passport can help you to share the information with anybody you feel needs to know it.

### How is the Passport made?

Your epilepsy doctor or specialist nurse will use an online form, in which they will fill in your health details, along with you and your family. At the end, a Passport is made and this will be printed out on paper.

None of your health information will be stored online, but a copy will be saved by your doctor or specialist nurse, and kept at your hospital or clinic. Your GP will also be told that you have an Epilepsy Passport.

### Who will carry the Passport?

The Passport can be folded to wallet-size, and kept in a small plastic wallet so that you can carry it at all times.

You can then share the Passport with whoever you wish. This could include doctors in the A&E department, with your teachers if you go away on school trips and your friends on sleep-overs. Your doctor or epilepsy specialist nurse will also keep a copy of the Passport in your hospital notes.

### When should the Passport be updated, and how?

The Passport should be updated when anything to do with your epilepsy changes. This could include a change in your anti-epileptic medicines.

**For more information, visit: [www.epilepsypassport.org.uk](http://www.epilepsypassport.org.uk)**