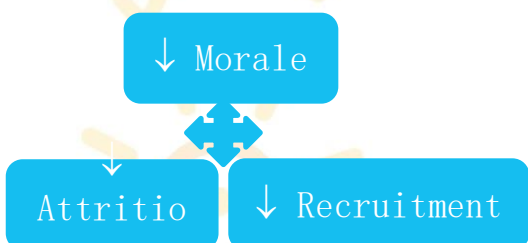




# Can a Trainee Led Junior Doctor Forum Improve the Experiences for Junior Doctors?

## Background



The Junior Doctor Forum (JDF) was established by paediatric trainees as a response to low morale as evidenced by Leeds Children's Hospital falling down the GMC survey results from 87th (in 2014) to 122nd (in 2016) and poor recruitment. Paediatric recruitment in Yorkshire and Humber was the worst in the UK with nearly 30% unfilled posts in 2015.<sup>1</sup>

## The Junior Doctor Forum

### Workforce planning

Trainee representation at every medical workforce planning meeting and involved in re-designing hospital rotas.



### Exams and training

- Improved format of grand round.
- Established exam revision courses.



### Improving Morale

- Established a paediatric mentoring scheme.
- Established the GR8X (positive DATIX) award system.
- Organised regular social events.



## Impacts & Results

- Improved ease of taking annual leave, study leave and making swaps.
- Current shift pattern remains unsatisfactory by 50% of trainees.

- 53% of trainees attend grand round once a month (baseline 18%).
- PGME run courses for exams.

- Mentoring scheme being expanded across the region.
- Over 250 GR8Xs awarded.
- GR8X awards now being established in adult services.

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 <https://padlet.com/mededleeds/jdf>

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