

Fig 2: The Social Determinants of Health Questionnaire (SDH-Q), a social risk screening tool used as conversation opener in community setting

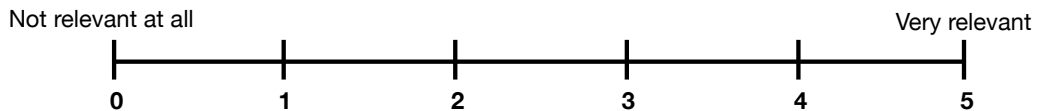
Social Determinants of Health Questionnaire

This questionnaire aims to identify areas of everyday living which can be missed during appointments but impact families and their healthcare. It will be given out to all families coming to our clinics. We hope to improve our services by picking up on these issues and worries so we can offer advice and support.

For each statement, please mark on the scale how relevant it is to you and your family i.e. how closely each statement fits with your situation.

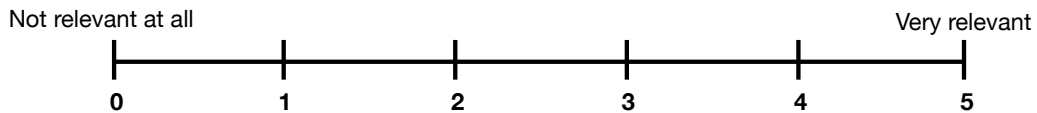
1. Lack of access to affordable and reliable transport has made it difficult for me to get to this medical appointment or has caused me to miss medical appointments for my child/children in the past.

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



2. I worry about being able to pay for my housing and/or my electricity/heating bills.

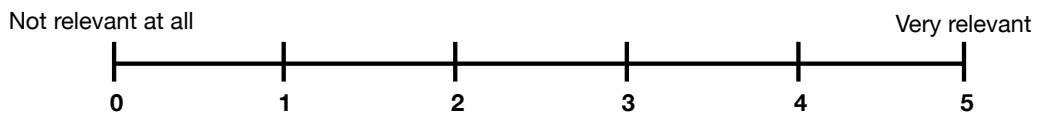
How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



3. I worry about where my family live due to one or more of the following problems:

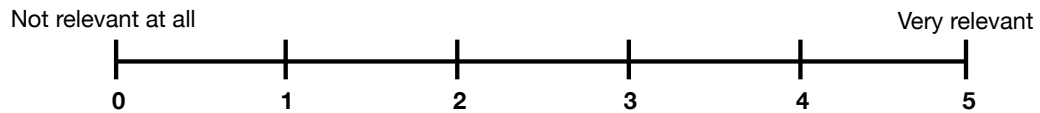
- Pests e.g. bugs, mice or rats
- Mold, damp or leaks
- Broken heating/oven
- Missing smoke detectors
- Difficulty accessing house/flat (e.g. due to a disability, too many stairs, poor lighting)
- Not enough space

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



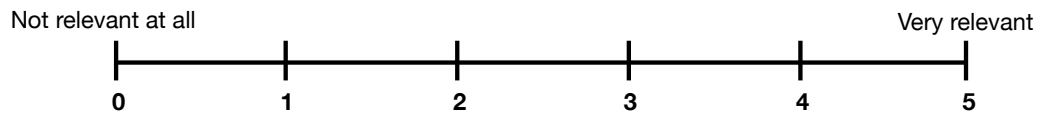
4. I am not always able to afford basic or everyday items for my children such as nappies, a cot, school uniform or toys.

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



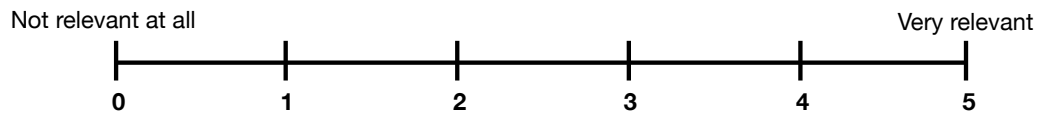
5. There are times when I worry about providing enough food for my family.

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



6. My home is not always a place I and/or my children feel safe.

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?



7. I feel well supported by my family and/or friends.

How relevant is this to you with 0 being not relevant at all and 5 being very relevant?

